

Swimmer Protection Barrier is Installed for your Safety

#### Swimmer at our Beach

A swimmer Protection Barrier has been installed for your Safety and is:

- 300m long by 70m wide
- Maximum depth of approximately 4m

Our Lifesavers maintain:

- Patrolled area inside barrier
- Barrier area is also monitored by Patrols
- Roaming/mobile Patrol is maintained along adjacent coast
- Power craft and drone patrol surveillance is also used

## Who We Are

## **About Us**

Our beach is patrolled by volunteers from our Club on weekends from October through to April, including Public Holidays. During the Summer months the City of Wanneroo hires Lifeguards to patrol the beach during the week.

## **Contact Us**

Phone: 08 9305 1870

Email: quinnsmindarie@bigpond.com

Web: www.qmslsc.com.au

Facebook: www.facebook.com/QMSLSC





**BEACH SAFETY**Quinns-Mindarie Surf
Lifesaving Club







Quinns-Rocks Beach is a Patrolled Beach

# A safe Beach for you and your Family

## Things to remember at our beach

Although there is no significant surf at Quinns-Rocks beach there is:

- At times a significant shore break
- An undertow in rough conditions
- A drop-off not far from the water's edge
- A long-shore current

Be aware of body surfing or catching the shore break, which has the potential to cause skin abrasions and/or back and neck injuries.

#### **Be Sun Smart**

Remember to keep hydrated and slip, slop, slap. Protect yourself from the sun and avoid heat exhaustion.

'If unsure about beach conditions for swimming ask a life saver'

## **Keep our Beach Clean**

The beach is a great place to relax so please use rubbish bins provided and do not litter

#### **Alcohol**

Be aware that consumption of alcohol impairs your ability to swim and contributes to dehydration and heat exhaustion.





Quinns-Mindarie SLSC

With beach patrols officially commencing in 1982, we are looking forward to celebrating our 35th Anniversary in 2017.

## Going to the Beach

At Quinns-Rocks beach often the best time to swim is early to late morning.

In the early afternoon the South west wind often comes in at 15 to 20 knots.

Conditions can become rough and present a challenge to swimmers.

If unsure of your swimming ability and conditions please ask our friendly lifesavers for advice.